

Alcohol Units



A 25ml shot of 40% Whisky
UNITS: **1 UNIT**



A 275ml bottle of 4% Alcopop
UNITS: **1.1 UNITS**



50ml of 37.5% Vodka & Coke
UNITS: **1.9 UNITS**



A 250ml glass of 13% Wine
UNITS: **3.3 UNITS**



A 568ml pint of 4% Lager
UNITS: **2.3 UNITS**



2 35ml shot of 17% Cream Liqueur
UNITS: **1.2 UNITS**

1 unit = 10ml or 8g of pure alcohol. An adult should not drink more than 14 units as week, but do you how many units are in some common alcoholic beverages.

Match each of the unit amounts below to its corresponding drink.

2.3 UNITS
1.9 UNITS
1 UNIT
1.1 UNITS
3.3 UNITS
1.2 UNITS